

# VALE OF NEATH LEISURE CENTRE MAIN POOL PROGRAMME

Neath Leisure Centre  
Chain Road  
Glynneath  
SA11 5HW

Call us on:  
08000 43 43 43

May Half Term - 25th - 31st May 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Lane Swim 7.00am - 10.00am	Lane Swim 7.00am - 10.00am	Lane Swim 7.00am - 11.00am	Lane Swim 7.00am - 10.00am	Aqua Academy 9.00am - 11.00am	Lane Swim 9.00am - 10.00am
	Casual Swim 10.00am - 1.00pm	Casual Swim 10.00am - 1.00pm	Casual Swim 11.00am - 3.00pm	Casual Swim 10.00am - 1.00pm	Slide Session 11.30am - 12.30pm	Casual Swim* 10.00am - 1.00pm
	Slide Session 11.00am - 12.00pm	Slide Session 11.00am - 12.00pm	Lane Swim 3.00pm - 4.30pm	Slide Session 11.00am - 12.00pm	Casual Swim 11.30am - 1.30pm	Slide Session 10.30am - 12.00pm
	Lane Swim 1.00pm - 2.00pm	Aqua 12.00pm - 1.00pm	Monster Splash 4.30pm - 5.30pm	Lane Swim 1.00pm - 2.00pm	Pool Party Hire 1.45pm - 2.45pm	Pool Party Hire 1.30pm - 2.30pm
	Casual Swim 2.00pm - 4.00pm	Lane Swim 2.00pm - 4.00pm	Inclusive Swim 5.45pm - 6.45pm	Slide Session 2.00pm - 3.00pm	Pool Party Hire 3.00pm - 4.00pm	Pool Party Hire 2.45pm - 3.45pm
	Slide Session 2.30pm - 3.30pm	Aqua Academy 4.00pm - 7.00pm	Lane Swim 7.00pm - 8.00pm	Casual Swim 2.00pm - 3.30pm		Inclusive Swim 4.00pm - 5.00pm
	Aqua Academy 4.00pm - 6.00pm		Aqua 8.00pm - 9.00pm	Lane Swim 7.00pm - 8.00pm		
	Aqua 8.00pm - 9.00pm					

**Key:**

- Lane Swimming
- Casual Swimming
- Aqua Fitness Classes
- Celtic Dolphins Academy Swimming Lessons
- Pool Party Hire
- Slide Session
- Inclusive Swim Session

\*Free Lane/Casual Swimming for Over 60s - Tuesday 11.00am - 12.00pm  
\*Free Swimming for Under 16s - Thursday 1.00pm - 3.00pm & Sunday 12.00pm - 1.00pm

## Pool Parties

Why not try one of our pool parties for your next Birthday party?



Including our Hydro Slide

\*This timetable is correct at the time of print but is subject to change with no notice. Please check our social media pages and website for details